



*Jahrom University of Medical Sciences*

## **Curriculum Vitae**

**Dr. Tahereh Rahimi**

*Assistant Professor of Health Education and Promotion*

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### ***Personal Information***

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## ***Educational Degree***

**PhD** in Health Education & Health Promotion, Shahid Sadoughi, Yazd University of Medical Sciences, Yazd, Iran

**MSc** in Health Education & Health Promotion, Tehran University of Medical Sciences, Tehran, Iran

## ***Reviewer of the following Journals***

1. Frontiers in Psychology
2. International Journal of Pediatric
- 3 Universa Medicina
4. European Health Psychology Society
5. Open Access Macedonian Journal of Medical Sciences
6. Journals of Community Health Research
7. Journal of Shahid Sadoughi University of Medical Sciences
8. Journal of Jiroft University of Medical Sciences
9. Archives of Public Health
10. Health Scope
11. International Journal of Women's Health
12. Psychology and Health
13. Health Education
14. International Journal of Public Health
15. Journal of Education and Health Promotion



### **Research Interest Keywords**

1. Health Education and Promotion Interventions
2. Women's Health
3. Adolescent's Health
4. Public Health
5. Qualitative Research
6. The Burden of Communicable and Non-Communicable Diseases

### **Publication**

1. **Tahereh Rahimi**, Ehsan Movahed, Ahdieh Bashar, Motahareh Badoyei, Yaser Sarikhani. The impact of an educational program based on self-regulation theory on reducing alcohol consumption among adolescents: a randomized controlled trial. *BMC Public Health* 2025; 25; 3133.
2. **Tahereh Rahimi**, Raana Sedghi, Samieh Yousefi, Yaser Sarikhani. The association between maternal-fetal attachment and adherence to health behaviors among pregnant women. *BMC Research Notes* 2025; 18 (1), 1-16.
3. Fatemeh Rezaei, Zahra Zardosht, Yaser Sarikhani, **Tahereh Rahimi**. The relationship between self-care and health locus of control in pregnancy: a cross-sectional study of Iranian women. *BMC Pregnancy and Childbirth* 2025; 25 (1): 1-18.
4. **Tahereh Rahimi**, Mahbubeh Barunizadeh, Dagfinn Aune, Fatemeh Rezaei. Association between health literacy and body mass index among Iranian high school students. *Scientific Reports* 2025; 15: 19198.
5. Ali Reza Yusefi, **Tahereh Rahimi**, Fatemeh Rezaei, Ebrahim Ahmadi Abpardeh. Predictors of seeking mental health services among Iranian middle-aged people based on health belief model: evidence from a cross-sectional study in a developing country. *BMC Research Notes* 2024; 17:361.
6. Jamileh Saremi, Sedighe Najafipour, Hamed Akrami, Thereh Rahimi. Investigation of factors related to success in national science olympiad exams from perspective of students of Jahrom University of Medical Sciences. *Pars Journal of Medical Sciences* 2025; 22 (4):15-26.



7. **Tahereh Rahimi**, Seyedeh Soroor Hashemi, Fatemeh Rezaei, Dagfinn Aune. Association between health literacy and Framingham risk score. *Scientific Reports* 2024; 14 (1): 12837.
8. Yaser Sarikhani, **Tahereh Rahimi**, Seyedeh Maryam Najibi. Reviewing the 32-year trend of substance abuse in Iran, guided by the 2021 global burden of diseases study. *Pars Journal of Medical Sciences* 2024; 22 (3):47-55.
9. Tahereh Rahimi, Akbar Mehralizade, Amin Saeedi, Azam Seyedi, Fatemeh Seyedi. Maternal and Environmental Risk Factors as Predictors of Poor Pregnancy Outcomes among Female Greenhouse Workers. *Journal of Midwifery & Reproductive Health* 2024; 12 (2): 1.
10. Reza Faryabi, Tahereh Rahimi, Declan Patrick Moran, Salman Daneshi. Assessing the relationship between quality of life, health-promoting lifestyle and body mass index in medical students of Southern Iran: a cross-sectional study. *Russian Open Medical Journal* 2024.
11. **T Rahimi**, MA Morowatisharifabad, T Farajkhoda, H Fallahzadeh. A comprehensive health-promoting neighborhood intervention to improve health care seeking behavior among reproductive age Iranian women. *BMC Women's Health* 2023; 23 (1), 1-11.
12. Yaser Sarikhani Khorami, **Thereh Rahimi**, Mohammad Jamshidi. The 30-year trend of the burden of kidney diseases in Iran from 1990 to 2019. *Pars Journal of Medical Sciences* 2023; 21 (2): 10-17.
13. Y Sarikhani Khorami, **T Rahimi\***, M Jamshidi. The 30-year trend of the burden of kidney diseases in Iran from 1990 to 2019. *Pars Journal of Medical Sciences* 2023;21 (2), 10-17.
14. Fatemeh Rezaei, Seyedeh Soroor Hashemi, **Tahereh Rahimi**. Investigation of health literacy and related factors among the clients of comprehensive health service centers in Jahrom city in 2022. *Pars Journal of Medical Sciences* 2023;21 (4), 10-17.
15. Reza Faryabi, Salman Daneshi, Tahereh Rahimi, Parisa Ravayie. The association between spiritual health and the intention to perform risky behaviors in university of medical sciences students. *Health research and development* 2023; 1: 68-77.
16. R Faryabi, **T Rahimi**, S Daneshi, E Movahed, AR Yusefi. Stress Coping Styles in Family and Relatives of Coronavirus Disease 2019 (COVID-19) Patients in the South of Iran: Application of Lazarus and Folkman's Theory of Stress Coping. 2022: *The Open Public Health Journal* 15 (1).
17. S Azaraeen, R Faryabi, A Kamali, **T Rahimi**. Post-traumatic stress symptoms in patients with suspected or confirmed COVID-19. *Pars Journal of Medical Sciences* 20 (3), 34-40;



18. **T Rahimi**, R Faryabi. Factors related to Prostate Cancer Screening in Iranian Men based on Protection Motivation Theory. *Health Education and Health Promotion*.2022.
19. N Nasiri, H Sharifi, **T Rahimi**, G Sharif, A Sharifi Ocular Manifestations in Children with COVID-19: Systematic Review and Meta-Analysis. *Journal of Medical Microbiology and Infectious Diseases* 10 (2), 58-63. *Qom University of Medical Sciences Journal* 16 (1), 66-81
20. E Movahed, M Soltaninejad, A Bashar, M Badoyei Dalfard, **Rahimi T\***. Investigation of perceived anxiety and stress in the initial stage of the COVID-19 outbreak in the south of Kerman: a Cross-Sectional Study. *Journal of Jiroft University of Medical Sciences* 8 (4), 779-788.
21. I Amiri Qanat Saman, H Dehghan, **T Rahimi**, M Shahi, S Ahmadzadeh. Knowledge, Attitude and Practice of Residents in Southeastern Iran Regarding Scorpion Stings.
22. **Rahimi T**, Dastyar N, Rafati F. Experiences of family caregivers of patients with COVID-19. *BMC Family Practice* 2021; 22(1):137.
23. Tahereh Kamalikhah, Somayeh Mirrezaei, **Tahereh Rahimi**, Leila Sabzmakan, Safiye Ghobakhloo. Community readiness for collecting stray dogs in Aradan County: a quantitative-qualitative study. *Irish Veterinary Journal*. 2021; 74 (1).
24. **Rahimi T**, Rafati F, Sharifi H, Seyed F. General and reproductive health outcomes among female greenhouse workers: A comparative study. *BMC Women's Health* 2020;20(1):103.
25. Morowatisharifabad MA, **Rahimi T\***, Farajkhoda T, Zadeh HF. Understanding Interpersonal Influences on the Use of Formal Health Services among a Population of Iranian Women in Reproductive Age: A Qualitative Study. *Open Access Maced J Med Sci* 2019;7(9):1531-35.
26. Morowatisharifabad MA, **Rahimi T\***, Farajkhoda T, Zadeh HF, Mohebi S. Exploring the feelings of Iranian women of reproductive age about health care seeking behavior: a qualitative study. *Health Promot Perspect* 2018;8(1):71-8.
27. **Rahimi T**, Javadi A. Using Prototype Willingness Model to predict waterpipe consumption among high school adolescents in Birjand, Iran. *Iranian J Psychiatry Behav Sci* 2018; 12(1): e11255.
28. Dehdari T, Yekehfalah F, Rahimzadeh M, Aryaeian N, **Rahimi T**. Dairy Foods Intake among Female Iranian Students: A Nutrition Education Intervention Using a Health Promotion Model. *Glob J Health Sci* 2016;8(10):54893.



29. Dehdari T, **Rahimi T\***, Aryaeian N, Gohari MR. Effect of nutrition education intervention based on Pender's Health Promotion Model in improving frequency and nutrition intake of breakfast among Iranian girl students. *Public Health Nutr* 2014;17(3):657-66.
30. Dehdari T, **Rahimi T\***, Aryaeian N, Gohari MR, Esfeh JM. Developing and testing a measurement tool for assessing predictors of breakfast consumption based on a health promotion model. *J Nutr Educ Behav* 2014;46(4):250-8.
31. **Rahimi T**, Z. Khazir. Perceived experiences of life problems for parents with a Down Syndrome child. *Health Edu Health Promot* 2019, 7(3): 147-54.
32. **Rahimi T**, Shojaei S. Determinants of Helmet Use by Motorcycle Riders in Qom, Iran, Using the Protection Motivation Theory. *J Police Med* 2019; 8 (1):27-32.
33. Baghianimoghadam M, Khajedehi Z, **Rahimi T**, Jowzi F. The effect of educational intervention based on Health Belief Model constructs on performing pap smear in Yazd. *J Health Care* 2018; 20 (1):72-81.
34. ShojaeiS, AbbasiM, **RahimiT**, Vahedian M, FarhadlooR, Movahed E, Parvaresh-MasoudM. The Effect of Religious Care by the Clergyman next to the Patients' Bedside on their Depression and Anxiety. *J Res Relig Health* 2018; 4(3): 45-55.
35. **Rahimi T**, Mirzaee R, Kamali A, Faryabi R. Predictors of protection motivation to prevent home injuries among mothers with children under 5 year-old. *J Res Health* 2018; 8(3): 255- 261.
36. **Rahimi T**, Baghianimoghadam M H, Akbarzadeh M, Mehri A, Nikokaran J. Investigating the role of attitudes, subjective norms and perceived behavioral control to predict milk consumption among students of Yazd University of Medical Sciences. *Toloo Behdasht* 2018; 16 (6) :67-78.
37. **Rahimi T**, Shojaei S, Mousavi Miyandashti Z, Aminiani Z, Khazir Z. Promotion of preventive behaviors of cardiovascular diseases using Health elief Model in women referring to health Centers in Qom, Iran. *Qom Univ Med Sci J*. 2017; 10 (12) :35-44.
38. **Rahimi T**, Faryabi R, Javadi A, shojaei S. Attitudes of Women from Jiroft City About Prevention of Home Injuries in Children Under 5 Years Using Protection Motivation Theory. *J Rafsanjan Univ Med Sci* 2017; 16 (1) :17-30.



39. Khazir Z, Zareipour M A, Abdolkarimi M, Dehghani tafti A, Rahimi T. Assessing the Predictors of Intention and Behavior in Using Virtual Social Networks Among Students of the Yazd University of Medical Sciences Based on the Theory of Planned Behavior. *JCHR* 2017; 6 (2) :93-101.

40. Faryabi R, Mokhtari M, **Rahimi T**, Javadi A, Rastegari N. Investigation of status and correlations between Knowledge, Attitude and Performance of Greenhouse Farmers of Jiroft Township in relation to adverse health and environmental effects of the use of pesticides. *Iran Occup Health* 2017; 14 (5) :153-63.

41. khajedehi Z, **Rahimi T\***, azami P. Adolescents' Perception of risky and protective factors for drug abuse: guided content analysis based on Ecological Model Approach. *J Qual Res Health Sci.* 2016; 5 (3):263-272.

42. **Rahimi T**, Dehdari T, Shojaei S, Hashemi B S, Zahra A, Daryafti H. Beliefs of Pregnant Women in Qom City about Exclusive Breastfeeding until 6 Months of Age, *Iran . Qom Univ Med Sci J* 2016; 10 (2) :60-9.

43. Kamaledini S, Rahimi T, Abedini Ardakani M, HassanRezaee M, Mazloomimahmodabad S. Factors Related Lack of driving discipline among Yazd City Drivers in 2014. *Toloo Behdasht* 2016; 14 (6) :232-42.

44. **Rahimi T**, Moazzami Z, Tarbiat M, Soltanian A. Stages of Physical Activity in Patients after Coronary Artery Bypass Graft Surgery: Application of Trans-Theoretical Model. *Health Edu Health Promot* 2016; 4(23):23-36.

45. Baghianimoghadam M H, **Rahimi T\***, Khajedehi Z, Jowzi F, Daryafti H, Akbari Z, et al . Factors Associated with Milk Consumption among College Students of Yazd University of Medical Sciences Based on Theory of Planned Behavior. *J Comm Health Res.* 2016; 5(1) :1-10.

46. **Rahimi T**, Dehdari T, Faryabi R, Ghazvinian L. The Applicability of the Theory of Planned-Behavior in Predicting the Intention to Exclusive Breast-feeding among Pregnant Women in Qom in 2014. *J Rafsanjan Univ Med Sci* 2015; 14 (4) :299-310.

47. **Rahimi T**, Shojaei S, Mousavi Miyandashti Z, Jafary Nodoushan Z, Farahabadi M. Predictors of Preventive Behaviors of Cardiovascular Diseases: Based on Health Belief Model in Women Referred to Health Treatment Centers in Qom City, 2014, Iran. *Qom Univ Med Sci J* 2015; 9 (11) :51-59.



48. Shojaei S, Rahimi T, Amini M, Shams S. Survey of nosocomial infections in patients admitted to Nekoei hospital of Qom City in 2012, Iran. *Qom Univ Med Sci J* 2015; 9 (4) :64-73.
49. Saghafipour A, Moosavi-Myandashti Z, Mohebi S, **Rahimi T\***, Noroozi M. Educational needs regarding thalassemia and related factors for couples. *Tahghighat Salamat* 2012; 8(1):791-8.
50. **Rahimi T**, Dehdari T, Ariaeian N, Gohari M. Survey of breakfast consumption status and its predictors among Qom students based on the Pender's health promotion model constructs. *Iranian J Nutr Sci Food Technol* 2012; 7 (2):75-84.

## **Books**

1. International Health (in Persian).
2. Women's Health (in Persian).

## ***Papers Presented in the National & International Congresses (Oral/Poster)***

1. The effect of multiple educational intervention programs on knowledge, attitude and practice of middle-aged women about prevention of cardiovascular disease (poster presentation in the 3<sup>rd</sup> International and 8<sup>th</sup> National Iranian Congress on Health Education & Promotion, Esfahan-Iran, 2017).
2. Socio-demographic factors relating hookah smoking among adolescents in Birjand (poster presentation in the 3<sup>rd</sup> International and 8<sup>th</sup> National Iranian Congress on Health Education & Promotion, Esfahan-Iran, 2017).
3. Predicting milk consumption based on Theory of Planned Behavior among college students: A path analysis (poster presentation in the 3<sup>rd</sup> International and 8<sup>th</sup> National Iranian Congress on Health Education & Promotion, Esfahan-Iran, 2017).
4. Stages of physical activity in patients after Coronary Artery Bypass Surgery: an application of Transtheoretical model (poster presentation in the 3<sup>rd</sup> International and 8<sup>th</sup> National Iranian Congress on Health Education & Promotion, Esfahan-Iran, 2017).
5. Beliefs of women with children under 5 years about prevention of home injuries in using Protection Motivation Theory (poster presentation in the 3<sup>rd</sup> International and 8<sup>th</sup> National Iranian Congress on Health Education & Promotion, Esfahan-Iran, 2017).



6. Application of Protection Motivation Theory to adoption of safety efforts about home injuries among mothers with children under 5 year-old in Jiroft (poster presentation in the 3<sup>rd</sup> International and 8<sup>th</sup> National Iranian Congress on Health Education & Promotion, Esfahan-Iran, 2017).
7. Knowledge, Perceptions and Risky Driving Behavior among Drivers in Yazd (poster presentation in 2<sup>nd</sup> International and 6<sup>th</sup> National Iranian Congress on Health Education & Promotion, Kermanshah-Iran, 2015).
8. Teens' Need for Sexual Education for Preventing Risky Behaviors (poster presentation in 2<sup>nd</sup> International and 6<sup>th</sup> National Iranian Congress on Health Education & Promotion, Kermanshah-Iran, 2015).
9. Developing a Measurement Tool for Assessing Predictors of Intention to Exclusive Breastfeeding based on Theory of Planned Behavior among Pregnant Women (poster presentation in 2<sup>nd</sup> International and 6<sup>th</sup> National Iranian Congress on Health Education & Promotion, Kermanshah-Iran, 2015).
10. Predictors of physical activities in patients after Coronary Artery Bypass Graft Surgery based on Trans-theoretical Model (poster presentation in 2<sup>nd</sup> International and 6<sup>th</sup> National Iranian Congress on Health Education & Promotion, Kermanshah-Iran, 2015).
11. Survey of social factors related to substance abuse in adolescents (poster presentation in the 8<sup>th</sup> Annual International Addiction Science Congress, Tehran-Iran, 2012).
12. The negative effects of internet addiction on adolescent's health (poster presentation in the 9<sup>th</sup> Annual International Addiction Science Congress, Tehran-Iran, 2013).
13. The role of improving cultural competences of health provider in treatment of addiction (poster presentation in the 9<sup>th</sup> Annual International Addiction Science Congress, Tehran-Iran, 2013).

#### ***National and International Congresses Attended***

1. The 3<sup>rd</sup> International and 8<sup>th</sup> National Iranian Congress on Health Education & Promotion, Esfahan-Iran, 2017.
2. The 2<sup>nd</sup> International and 6<sup>th</sup> National Iranian Congress on Health Education & Promotion, Kermanshah-Iran, 2015.
3. The 6<sup>th</sup> International Congress on Health in Emergencies and Disasters, Tehran-Iran, 2014.
4. The 5<sup>th</sup> National Iranian Congress on Health Education & Promotion, Tehran-Iran, 2014.



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5. The 15th National Congress on Medical Education, Yazd-Iran, 2014.
6. National Conference on Research in Health Development, Birjand-Iran, 2013.
7. The 9<sup>th</sup> Annual International Addiction Science Congress, Tehran-Iran, 2013.
8. The 8<sup>th</sup> Annual International Addiction Science Congress, Tehran-Iran, 2012.
9. The First International and 4<sup>th</sup> National Iranian Congress on Health Education & Promotion, Tabriz-Iran, 2011.

### ***Workshop Participated***

1. Introduction to qualitative research method.
2. Overview of the EndNote bibliographic management software.
3. Qualitative data analysis with MAXQDA software.
4. Introduction to Structural Equation Modeling using IBM SPSS Statistics and AMOS.
5. Data analysis using SPSS (Basic to Advanced workshop).
6. Writing scientific articles for medical students.
7. Introduction to electronic resources management.
8. The lesson plan workshop.
9. Introduction to social-science networks for faculty members.
10. Introduction to knowledge-based companies and creative idea registration.
11. A review on psychiatric disorders.
12. Systematic Review workshop.

### ***Awards and Honors***

1. Member of exceptional talent office of Shahid Sadoughi Yazd University of Medical Sciences.
2. Ranked first among all PhD graduates of Health Education & Health Promotion, Shahid Sadoughi Yazd University of Medical Sciences, 2018.